

MOUNTAIN HEALTH NETWORK

PHYSICIAN NEWSLETTER

SCOPE

SUMMER 2021



**St. Mary's among
nation's top
performing hospitals
for treatment of heart
attack patients**

**Edwards Comprehensive
Cancer Center Offers
Lung Screening**

**Cabell Huntington Hospital
First to Perform Aquablation
Therapy for BPH**



MHN names Kevin Yingling as new system CEO

Mountain Health Network and Cabell Huntington Hospital Board of Directors announce that Kevin W. Yingling, RPh, MD, FACP, has been selected as the Chief Executive Officer (CEO) for Mountain Health Network (MHN) and President of Cabell Huntington Hospital (CHH) and St. Mary's Medical Center (SMMC). He will assume strategic oversight of growing the regional health system on Aug. 9.



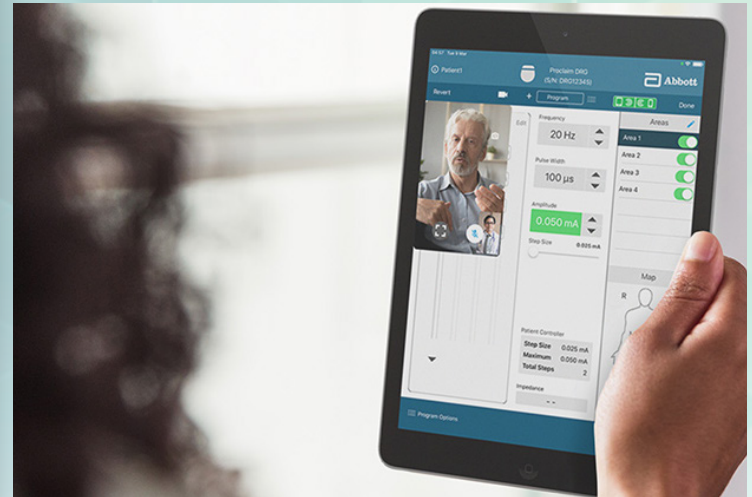
"As a highly skilled physician, Dr. Yingling offers unique skills and insights that are patient-first focused," stated Beth Hammers, chair, Board of Directors for CHH and MHN. "As an experienced leader, he has held numerous clinical care and academic leadership roles in the Huntington

medical community for over 25 years. Dr. Yingling is the only physician who has served as president of both the CHH and SMMC medical staffs. He has been a member of the CHH board of directors and was the first chair of the Mountain Health board of directors from 2018 – 2020. Dr. Yingling was integral to the development of the Health Sciences Campus through establishing the School of Pharmacy at Marshall University at the Stephen J. Kopp Hall and the Fairfield Landing Building. He continues to serve on the board of managers for Marshall Pharmacy and chair of the Cabell County Board of Health."

Dr. Yingling received his Bachelor of Science degree from West Virginia University School of Pharmacy and medical degree from Joan C. Edwards School of Medicine at Marshall University. He completed his internship, residency, post-graduate training and fellowship at the University of Cincinnati Medical Center. He is a past chair of the department of Internal Medicine at Marshall Health and Associate Professor of Internal Medicine at the SOM. Dr. Yingling is a Fellow of the American College of Physicians, is board certified by the American Board of Internal Medicine, holds several professional memberships, and has received numerous honors and awards. Lifelong residents of Cabell County, he and his wife, Mary Alice, have four children, eight grandchildren and a large extended family in the area.

"On behalf of the board, we are grateful to the leadership and physician committees for their participation in the CEO selection process. They have been extremely thoughtful of the present and future needs of Mountain Health and their feedback helped the board reach an overwhelming decision. We also extend our gratitude to Paul English Smith, JD, Mountain Health vice president and general counsel, who has graciously served as interim CEO for the past two months."

St. Mary's Pain Relief Specialists integrates new remote patient-care technology for patients using neuromodulation therapy



St. Mary's Pain Relief Specialists (SMMC), a member of Mountain Health Network, is integrating Abbott's NeuroSphere™ Virtual Clinic into the treatment model for patients currently receiving neuromodulation therapy for chronic pain or movement disorders. The first-of-its-kind remote patient care system, recently approved by the U.S. Food and Drug Administration, allows patients to communicate with physicians and specialists, ensure proper settings and functionality and prescribe new treatment settings remotely as needed.

The virtual clinic allows patients to both communicate with physicians and receive new stimulation treatment settings in real time anywhere with a cellular or Wi-Fi connection and a sufficiently charged patient controller. Changes made in the clinic app are relayed directly to the patient's compatible iOS smartphone or mobile device. The new system is designed to change the treatment approach for patients suffering from chronic pain or movement disorders that don't live close to necessary medical care, are unduly burdened by access to care, or who are unable to go to the doctor because of circumstances, such as the COVID-19 pandemic.

"Until now, adjustments to a patient's neuromodulation therapy would need to be made onsite, causing a delay in care, especially if the patient lives in a rural area," said Rudy Malayil, MD, pain relief specialist, SMMC. "The NeuroSphere Virtual Clinic opens up new, more convenient avenues of treatment that allow patients to receive the care they need anytime, anywhere."

Both Dr. Malayil and Onyechi Megafu, MD, pain relief specialist, SMMC, are implementing the NeuroSphere Virtual Clinic. The clinic is compatible with Abbott's suite of neuromodulation technologies, including the Proclaim™ DRG Neurostimulation System.

For more information or to make a referral, please call 304.525.7246.

Edwards Comprehensive Cancer Center Offers Lung Cancer Screening Clinic

The Edwards Comprehensive Cancer Center (ECCC) is now offering a Lung Cancer Screening Clinic the third Monday of each month from 8 a.m. to noon. Eligible patients can schedule without a physician referral.



"Screening for lung cancer with low-dose CT scans can identify cancerous cells earlier and reduce lung cancer deaths by up to 20 percent or more," said Molly Brumfield, RN,

BSN, MBA, OCN, manager of medical and surgical programs at the ECCC. "We developed this clinic to allow a time for qualifying individuals to be screened without an initial physician referral."

To qualify, patients must be 55 to 72 years old and be either an active smoker or a former smoker who has quit smoking within the past 15 years.

"It starts with a phone call to our nurse navigator," Brumfield explained. "The navigator pre-screens for eligibility and schedules an appointment."

According to Brumfield, the provider conducts a patient exam and provides smoking counseling, if applicable. The patient is then scheduled for a low-dose lung screening CT. Once complete, the provider follows up with the patient to go over the results and develop a plan of care.

"The most important step is to get screened early," she said. "The symptoms of lung cancer often don't appear until the disease is already at an advanced stage."

Lung cancer screening is covered by Medicare and by many private health insurance plans. To refer a patient for a lung cancer screening CT, please call 304.399.6770.



Marshall University approved for new neonatal-perinatal fellowship in partnership with Hoops Family Children's Hospital

The Marshall University Joan C. Edwards School of Medicine (MUJCESOM) received initial accreditation to establish a new neonatal-perinatal fellowship program in its department of pediatrics.

Approval for the neonatal-perinatal fellowship was issued by the Accreditation Council for Graduate Medical Education (ACGME), the national accrediting body for post-MD training programs in the U.S. Neonatal-perinatal care provides intensive care for premature babies or critically-ill newborns.

The MUJCESOM has five fellowship-trained neonatologists on its clinical faculty who care for patients at Hoops Family Children's Hospital at Cabell Huntington Hospital. The three-year fellowship program will be led by assistant professor Cynthia Massey, MD, a neonatologist who joined Marshall's faculty in 2017.



"I am very excited to achieve accreditation of yet another fellowship," said Paulette S. Wehner, MD, vice dean of graduate medical education at the MUJCESOM. "The

neonatal-perinatal fellowship will allow us to attract stellar pediatric residents who wish to further their training and adds yet another layer of excellence to this area of care at the Hoops Family Children's Hospital at Cabell Huntington Hospital. Congratulations to Dr. Massey who will lead the training of the next generation of neonatologists."

The neonatal-perinatal fellowship is approved for one new fellow each year, with the first fellow beginning in July 2022.

"This fellowship continues the children's hospital's NICU's long history of excellence in patient care, research and education,"



said Susan L. Flesher, MD, professor and interim chair of pediatrics and director of the pediatric hospital medicine fellowship at the MUJCESOM. "Babies

cared for in our regional perinatal-neonatal care unit often receive care for being born early or with a lower birth weight, typically related to multiple gestation or maternal conditions. We have a busy service with between 600 and 700 admissions annually; including 80 transports from 29 counties in our surrounding Tri-State communities. This provides a perfect setting in which to train future neonatologists."

The department of pediatrics also added a pediatric hospital medicine fellowship in 2020. With approval of the new fellowship, the Joan C. Edwards School of Medicine now offers 10 accredited residency and 14 fellowship programs.

St. Mary's now offering ROSA Knee System for total knee replacement

St. Mary's Joint Replacement Center (SMMC) is now offering Zimmer Biomet's ROSA® Knee System, a robotically-assisted surgical system designed to help perform total knee replacement surgery.

The ROSA Knee System brings together robotic technology with industry-leading knee implants to help surgeons personalize surgical procedures for their patients. It includes features to assist surgeons in assessing the state of a patient's knee in order to facilitate implant positioning during surgery. Data provided by the system enables surgeons to use computer and software technology to control and move surgical instruments, allowing for greater precision and flexibility during procedures. ROSA's advanced technology and capabilities reduce surgical time, increase efficiency and ensure accuracy.

"Getting a precise knee implant fit is the key to a successful knee replacement surgery," said Vivek Neginhal, MD, orthopedic surgeon with Scott Orthopedic Center and medical director



of St. Mary's Regional Joint Replacement Center. "ROSA Knee uses data collected before and during surgery to share any details related to a patient's unique anatomy that may affect the implant fit. By using this data, I'm able to plan for and carry out a personalized surgery plan based upon a patient's individual needs."

SMMC will soon have the ability to use Zimmer Biomet's OrthoIntel Orthopedic Intelligence Platform, which combines pre-, intra- and post-operative data to help surgeons uncover new clinical insights throughout the episode of care. These insights are intended to help surgeons make informed decisions and optimize patient results. The platform also provides for patient engagement and education outside of the hospital through an Apple Watch® or smartphone.

For more information on the ROSA Knee for total knee replacement, contact St. Mary's Regional Joint Replacement Center at 304.526.1311.



HIMG providing COVID vaccinations to ages 12 and up

In partnership with the Cabell-Huntington Health Department, free COVID-19 vaccinations are being offered at HIMG. Individuals age 12 and up are now eligible to receive the vaccine.

Vaccinations are offered Monday-Friday, 8 a.m. to 3 p.m., with extended hours on Thursdays until 5:30 p.m.

Vaccinations are available without an appointment to both non-patients and current patients of HIMG. Vaccine recipients are asked to enter through the east entrance closest to 84 Lumber (Door C). Those being vaccinated are asked to remain in the vaccination area for a 15-minute observation period after receiving their shot.

"Vaccination is our single most effective strategy for stopping the COVID-19



pandemic and resuming normal life," said Mark Morgan, chief operating officer, HIMG. "We are pleased to offer

vaccines to the community and we encourage everyone age 12 and up to get vaccinated as soon as possible."

Halo is Now Available Across Mountain Health Network and Marshall Health

Halo access has expanded across Mountain Health Network (MHN) and Marshall Health (MH). Halo is a HIPAA secure messaging application for collaborating on patient care across the community. As a part of the expansion, Role-Based Communication functionality is now implemented across MHN and MH and all on-call schedule management will be migrated to the cloud-based Halo Clinical Collaboration Platform.

The coming scheduling functionality solves the question of who's on call by leveraging role-based communication to ensure that the right person is notified at the right time. Sending messages to roles that are updated in real-time across the system streamlines communication pathways and minimizes over-communication and delays in patient care.



Access to the MHN and MH Halo application extends to community partners such as Scott Orthopedics, Tri-State Neurology and Carolyn Clark, who have privileges at MHN and MH facilities, as well as their schedule administrators/practice managers. On-call schedules can now be entered into Halo directly according to the facilities that are covered and subsequently messaged for patient care collaboration.

Additionally, users can easily message roles within the hospital such as SMMC Hospitalist On-Call, CHH Pediatrician On-Call, or the SMMC PACU Charge Nurse. Updates and information resources will be housed on the Intranet.

For more information, please contact Brittany Wells at brittany.wells@st-marys.org.

Marshall approved for Gastroenterology Fellowship

The Marshall University Joan C. Edwards School of Medicine (MUJCESOM) received initial accreditation to establish a new gastroenterology fellowship program in its department of medicine.

Approval for the gastroenterology fellowship was issued April 9 by the Accreditation Council for Graduate Medical Education (ACGME), the national accrediting body for post-MD training programs in the U.S.

"Fellowship programs provide long-term benefits in terms of high-level patient care and the opportunity to retain well-trained young specialists to stay and practice in our region, addressing, in this case, a shortage of gastroenterologists in West Virginia," said Paulette S. Wehner, MD, vice dean of graduate medical education at the MUJCESOM.

"The gastroenterology fellowship will also strengthen our core internal medicine residency program by way of teaching, research and recruitment of strong residents."

Under the leadership of Internal Medicine Chair Mehiar El-Hamdani, MD, the School of Medicine has recruited new gastroenterology faculty members and designated as its division chief Ahmed Sherif, MD, a fellowship-trained gastroenterologist with 20 years of experience. Uma Sundaram, MD, vice dean of research and graduate education at the school of medicine and a practicing gastroenterologist, has grown the research and academics of the division with targeted research studies and clinical trials.

The gastroenterology fellowship is a three-year program with an approved

complement of nine total positions, according to Wesam Frandah, MD, who will serve as program director for the new fellowship, welcomed its first cohort of fellows in July 1. Applicants must first successfully complete a residency in internal medicine before beginning a gastroenterology fellowship.



"We have been working toward this fellowship for a number of years," El-Hamdani said. "Our gastroenterology division has blossomed quickly under the leadership roles of Drs. Sherif and Frandah. This fellowship not only advances us in the realm of education and research but brings new innovations and opportunities to our patients right here at home. This growth is key to providing top-notch, evidence-based care."

CHH First to Perform Aquablation Therapy for BPH



Cabell Huntington Hospital is the first in the state and the region to perform the first *Aquablation*® therapy for benign prostatic hyperplasia (BPH), also known as enlarged prostate.

Stephen Woolums, MD, board-certified urologist at HIMG, said the minimally invasive technology of *Aquablation* is used to resection tissue and relieves the symptoms of BPH.

"*Aquablation* therapy is a minimally invasive, heat-free surgical technique used to treat lower urinary tract symptoms due to BPH," Dr. Woolums

said. "*Aquablation* therapy is delivered by the AquaBeam Robotic System® and uses water jets to remove enlarged prostate tissue with less risk of side effects."

A normal prostate is approximately the size of a walnut and sits underneath the bladder, wrapped around the urethra. As the prostate grows and becomes larger than normal, it may constrict the urethra, making it difficult to urinate and apply pressure on the bladder, causing it to weaken and have difficulty emptying.

Nearly 70% of men 50 years and older have BPH symptoms. While BPH is

a benign condition and unrelated to prostate cancer, it can greatly affect a man's quality of life causing bothersome urinary symptoms such as:

- Frequent need to urinate
 - Weak or slow urinary stream
 - A sense that you cannot completely empty your bladder
 - Difficulty or delay in starting urination
 - A urinary stream that stops and starts
- If left untreated, BPH can cause significant health problems, including irreversible bladder or kidney damage, bladder stones, and incontinence.

During the *Aquablation* procedure, while the patient is either under spinal or general anesthesia, the urologist uses multi-dimensional imaging to identify the exact treatment plan based on each individual patient. Excess prostate tissue is then removed with a heat-free water jet. The procedure takes less than an hour, and typically involves an overnight stay.

"The alternative to *Aquablation* is surgery that cuts or ablates (burns) prostate tissue, which increases recovery time and side effects," Dr. Woolums said. "With *Aquablation*, there is no cutting or heating and patients can return home with immediate results."

For more information on *Aquablation* therapy, please call 304.399.4650.

Cabell Huntington Hospital Vice President of Patient Services Named

Maria Summers, RN, MSN, has been named Vice President of Patient Services at Cabell Huntington Hospital (CHH), a member of Mountain Health Network.

Maria will work with nursing leadership, executive leadership and all levels of the organization to ensure the highest quality of patient care and safety.



Maria has been employed at CHH since 1987, beginning her career as a casual RN in the float pool. She transferred to the Emergency Department in 1988, where she worked as a charge nurse until receiving a promotion to nurse manager in 2004. In 2015, she accepted the position as a director of nursing, and most recently served as

Director of Nursing for Pre-hospital, Emergency and Critical Care Services.

Maria received her associate's degree in nursing from Rio Grande University, Holzer School of Nursing. She received her Bachelor of Science and her Master of Science in Nursing from the University of Phoenix.

Maria's husband, Scott, recently retired from CHH after 40 years of service.

Welcome new physicians



Phillip R. Jones III, DO – Pathology

Medical School: West Virginia School of Osteopathic Medicine, Lewisburg, W.Va.

Residency: University of Kentucky - Anatomic & Clinical Pathology, Lexington, Kentucky

Fellowship: University of Kentucky – Cytopathology, Lexington, Ky.



John M. Varlotto, MD – Radiation Oncology

Medical School: Medical School: University of Pittsburgh, Pittsburgh, Pa.

Residency: Tufts University - Radiation Oncology, Boston, Mass.

Fellowship: Thomas Jefferson University - Radiobiology, Philadelphia, Pa.



Sheila R. Feaster, DPM – Orthopedics

Medical School: Kent State University, Independence, Ohio

Residency: Henry Ford Health Systems - Podiatric Medicine and Surgery, Wyandotte, Mich.

Fellowship: Eastern Colorado Health Care System - Podiatric Wound Care and Diabetic Foot Research, Denver, Colo.

Fellowship: Bako Podiatric Pathology Services- Podiatric Dermatology and Dermatology Pathology, Alpharetta, Ga.

Franklin named director of Mountain teleHEALTH

Mountain Health Network (MHN) has named Christy Franklin, MS, BSN, RN, CNRN, System Director of Telehealth.



Franklin has system-wide responsibility for the design and oversight of both inpatient and outpatient telehealth services and programs in alignment with the MHN strategic plan. This includes both the overall development and operation of health-related services via electronic information and telecommunication technologies.

An employee of St. Mary's Medical Center (SMMC) since 1985, Franklin will also continue in her current role as the director of St. Mary's Regional Neuroscience Center and Regional Joint Replacement Center. She received her master's degree in healthcare administration from Marshall University, her bachelor's degree in nursing from West Virginia University and her RN diploma from St. Mary's School of Nursing. She is a certified neuroscience registered nurse and an alumna critical care registered nurse. Franklin also holds an advanced telehealth coordinator certificate from the University of Delaware.

New book explores techniques in treating orthopedic injuries



A new book edited by Chad D. Lavender, MD, orthopedic surgeon and assistant professor in the Department of Orthopaedic

Surgery at the Marshall University Joan C. Edwards School of Medicine, explores minimally invasive techniques and technology for treating sports medicine and orthopaedic injuries. *Biologic and Nanoarthroscopic Approaches in Sports Medicine* is a comprehensive compilation of experiences and lessons learned by the 20 contributing authors. It also provides the most recent management approaches for both sports medicine

and orthopedic surgeons. The edited volume includes contributors from Marshall University, Allegheny Health Network in Pittsburgh and Orthopaedic Research of Virginia in Richmond, Virginia. Dr. Lavender has published 13 articles in peer-reviewed journals, most notably his Fertilized ACL technique that is showing promising results at a clinical trial being performed at Marshall University. He has spoken on the techniques in the book to American and global audiences and continues to push the envelope with new technologies to improve his patients' outcomes.

Copies of his new book can be purchased at <https://www.springer>.

Biologic and Nanoarthroscopic Approaches in Sports Medicine

Chad Lavender
Editor

 Springer

St. Mary's among nation's top performing hospitals for treatment of heart attack patients

American College of Cardiology NCDR Chest Pain – MI Registry Platinum Award recognizes high standards of patient care

St. Mary's Regional Heart Institute (SMMC) has received the American College of Cardiology's NCDR Chest Pain – MI Registry Platinum Performance Achievement Award for 2021. SMMC is one of only 212 hospitals nationwide to receive the honor.

"This award recognizes our commitment and success in implementing a higher standard of care for heart attack patients," said Melissa Mielcarek, MSHA, MBA, executive director of the St. Mary's Cardiovascular



Center of Excellence. "It also signifies that we have reached an aggressive goal of treating our patients to the higher standards of care defined by the American College of Cardiology and the American Heart Association."

To receive the Chest Pain – MI Registry Platinum Performance Achievement Award, SMMC demonstrated sustained achievement in the Chest Pain – MI Registry for two consecutive years (2019 and 2020) and performed at the highest level for specific performance measures. Full participation in the registry engages hospitals in a robust quality improvement process using data to drive improvements in adherence to guideline recommendations and overall quality of care provided to heart attack patients.

**2021
Platinum Performance
Achievement Award**

**Chest Pain – MI
Registry**



NCDR

"As a Platinum Performance Award recipient, St. Mary's Regional Heart Institute has established itself as a leader in setting the national standard for improving quality of care in patients with acute myocardial infarction," said Michael C. Kontos, MD, FACC, chair of the NCDR Chest Pain – MI Registry Steering Subcommittee, and cardiologist at Virginia Commonwealth University Medical Center. "By meeting the award requirements set forth in the registry, SMMC has demonstrated a commitment to providing reliable, comprehensive treatment for heart attack patients based on current clinical guideline recommendations."

St. Mary's Regional Heart Institute was named a Mountain Health Network Center of Excellence in October 2019.

To be named an MHN Center of Excellence, the clinical area must be recognized by the medical community, the public and accrediting bodies as providing the most expert and highest level of compassionate and innovative care. Chest Pain – MI Registry empowers health care provider teams to consistently treat heart attack patients according to the most current, science-based guidelines and establishes a national standard for understanding and improving the quality, safety and outcomes of care provided for patients with coronary artery disease, specifically high-risk heart attack patients.

The Centers for Disease Control and Prevention (CDC) estimates that almost 700,000 Americans suffer a heart attack each year. A heart attack occurs when a blood clot in a coronary artery partially or completely blocks blood flow to the heart muscle. Treatment guidelines include administering aspirin upon arrival and discharge, timely restoration of blood flow to the blocked artery, smoking cessation counseling and cardiac rehabilitation, among others.

For more information about St. Mary's Regional Heart Institute, visit www.st-marys.org.



Marshall Health, Mountain Health Network become first in West Virginia to treat heart failure patients using breakthrough CCM therapy

Marshall Health and Mountain Health Network Cardiovascular Center of Excellence are among the first in the United States and the only site in West Virginia to use, CCMTM therapy, or cardiac contractility modulation, delivered by the Optimizer® system, to treat patients suffering from heart failure. The first patient treated in West Virginia with CCM therapy received the device implant by Marshall cardiologists in June as part of a post-approval device trial for CCM.

Heart failure, a condition in which the heart slowly weakens and is not able to adequately supply oxygen-rich blood, affects an estimated 6.5 million Americans and nearly 26 million people worldwide.² By 2030, it is expected to affect 8 million Americans.³ Heart failure patients experience severe symptoms including breathlessness, fatigue, confusion and swelling in the legs that make everyday activities challenging and significantly diminish their quality of life.

CCM therapy is a new, FDA-approved heart failure treatment proven to improve quality of life for patients who are no longer adequately responding to medications to manage symptoms or slow the progression of heart failure.¹ The innovative therapy is the first of its kind intended to improve the contraction of the heart, allowing more oxygen-rich blood to reach the

body.¹ CCM therapy delivers precisely timed electrical pulses to the heart that are intended to improve the heart's ability to contract. CCM can be used in conjunction with medications and other heart failure therapies.



"Bringing clinical trials and innovative, proven procedures to our patients is consistent with our role as part of an academic health system," said Mark A. Studeny, M.D., an interventional cardiologist at Marshall Health, Cabell Huntington Hospital, St. Mary's Medical Center, and professor and chair of cardiovascular services at the Marshall University Joan C. Edwards School of Medicine. "CCM therapy is a breakthrough, minimally invasive treatment option that doesn't require open heart surgery and allows patients to return to everyday activities shortly after the procedure."



"It is important for patients to talk to their physician if they begin developing symptoms of congestive heart failure," said Carlos Rueda, M.D., a board certified advanced heart failure and transplant specialist at Marshall Health, Cabell Huntington Hospital and St. Mary's Medical Center.

"The earlier heart failure is detected, the sooner treatment options, including CCM therapy, can be determined."

CCM therapy may be an appropriate option for up to 70 percent of NYHA Class III (a classification of heart symptoms) heart failure patients who continue to experience symptoms despite taking the optimal heart failure medications for their condition.¹ The purpose of the post-approval study is to evaluate the effects of CCM therapy on patients' quality of life and heart failure symptoms, according to Rueda, an assistant professor and principal investigator on the device trial.

To find out more about CCM therapy, call Marshall Cardiology, an outpatient department of Cabell Huntington Hospital, at 304.691.8500 or visit marshallhealth.org/CCM.

CCM therapy was developed by Impulse Dynamics, based in Mount Laurel, New Jersey. Visit www.ImpulseDynamics.Com to learn more about the company.

References

- 1 Abraham WT, Kuck KH, Goldsmith RL, et al. A randomized controlled trial to evaluate the safety and efficacy of cardiac contractility modulation. *JACC Heart Failure*. 6(10), 874-883 (2018).
- 2 Savarese G, Lund LH. Global Public Health Burden of Heart Failure. *Card Fail Rev*. 2017 Apr; 3(1): 7-11.
- 3 Benjamin E.J., Blaha M.J., Chiuve S.E., et al. Heart disease and stroke statistics—2017 update: a report from the American Heart Association. *Circulation* 2017; 135: pp. e146-e603

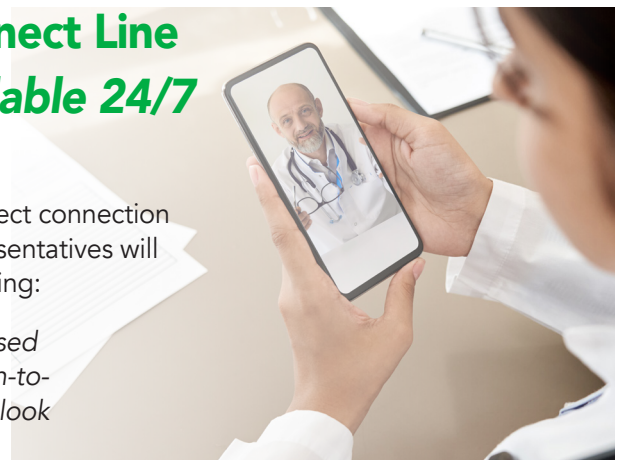
Pediatric Physician-to-Physician Direct Connect Line Call 304.526.2646 or 1.877.531.2244 Available 24/7

When your patient needs a pediatric specialist, every second counts.

Hoops Family Children's Hospital at Cabell Huntington Hospital offers a direct connection to the pediatric specialists at Marshall Health. Our call center transfer representatives will connect you with the appropriate specialist from Marshall Pediatrics, including:

- Allergy/immunology
- Cardiology
- Endocrinology
- Gastroenterology
- Hematology
- Infectious disease
- Nephrology
- Neurology
- Oncology

Our specialists are pleased to provide this physician-to-physician resource. We look forward to your call!





Mask Guidelines Remain in Place in All MHN Facilities



Healthcare facilities have not been released by the CDC from COVID-19 precautions. As a reminder, the following safeguards are still in place at all Mountain Health Network facilities.

1. Wear a medical grade mask and eye protection with every patient encounter
 - a. N95 masks/eye protection when patients are positive for COVID/PUI's or having aerosol generating procedures.
2. Continue to socially distance in break rooms and only allow the number of employees that can be spaced appropriately during breaks.
3. If you work in shared offices, or have in-person meetings, please wear medical grade masks to protect yourself and others, and socially distance.
4. All employees, visitors, guardians, sitters, etc., must wear a mask at all times while in a MHN facility, regardless of vaccination status.
5. Wash/sanitize hands following the five moments – before touching a patient, before aseptic task, after touching blood or body fluids, after touching a patient, after touching a patient's environment.
6. Everyone is to do their self-attestation prior to coming to work. Do not come to work and call Occupational/ Employee Health if there are any 'yes' answers.
7. MHN continues to screen all patients and visitors entering every facility and asks any patient with positive tests, contacts or symptoms to wait in the car until called, then be taken directly to an exam room with staff using proper PPE.
 - a. Visitors should be asked not to visit if they have any positive symptoms, tests or contacts.
 - b. Exam rooms where patients have been seen need to be thoroughly cleaned after each patient
8. If possible, clinics need to continue to telephone screen patients before they are seen and, if needed, reschedule.

Cloth masks are not PPE. If a cloth mask is worn, a medical grade mask must be underneath.

Visit www.mountainhealthnetwork.org/coronavirus for more information.

Cabell Huntington Hospital Receives Accreditation for CT Imaging

The Cabell Huntington Hospital Radiology Department has again been awarded a three-year term of accreditation in computed tomography (CT) as the result of a recent review by the American College of Radiology (ACR). This is the ninth year in a row the department has received this honor.

The ACR gold seal of accreditation represents the highest level of image quality and patient safety. It is awarded only to facilities meeting ACR Practice Parameters and Technical Standards after a peer-review evaluation by board-certified physicians and medical physicists who are experts in the field. Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures and quality assurance programs are assessed. The findings are reported to the ACR Committee on Accreditation, which subsequently provides the practice with a



comprehensive report that can be used for continuous practice improvement.

"We are extremely proud of our entire team for the hard work they put in every day focusing on excellence," said Nancy Godby, MS-MHA, MA, RT(R)(M) ARRT, CHC, director of Radiology at Cabell Huntington Hospital.

Cabell Huntington Hospital's Radiology Department offers a complete range of imaging procedures to diagnose and treat illness and injury. The department is fully staffed 24 hours a day, seven days a week by an experienced, professional and caring staff that focuses on delivering quality care to patients and quality service to physicians.

The ACR, founded in 1924, is a professional medical society dedicated to serving patients and society by empowering radiology professionals to advance the practice, science and professions of radiological care. The College serves more than 37,000 diagnostic/interventional radiologists, radiation oncologists, nuclear medicine physicians, and medical physicists with programs focusing on the practice of medical imaging and radiation oncology and the delivery of comprehensive health care services.

Women's Health at Merritt's Creek Awarded Accreditation



Cabell Huntington Hospital's Women's Health Center at Merritt's Creek has been awarded a three-year term of accreditation in ultrasound as the result of an extensive review by the American College of Radiology (ACR). The center has sustained accreditation since 2018.

Ultrasound imaging, also known as sonography, uses high-frequency sound

waves to produce images of internal body parts to help providers diagnose illness, injury or other medical problems. The ACR gold seal of accreditation represents the highest level of image quality and patient safety. It is awarded only to facilities meeting ACR Practice Parameters and Technical Standards, following a peer-review evaluation by board-certified physicians and medical physicists who are experts in the field.

Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures and quality assurance programs are assessed. The findings are reported to the ACR Committee on Accreditation, which subsequently provides the practice with a comprehensive report that can be used for continuous practice improvement.

The ACR, founded in 1924, is a professional medical society dedicated to serving patients and society by empowering radiology professionals to advance the practice, science and professions of radiological care. The College serves more than 37,000 diagnostic/interventional radiologists, radiation oncologists, nuclear medicine physicians, and medical physicists with programs focusing on the practice of medical imaging and radiation oncology and the delivery of comprehensive health care services.

For more information, please call 304.525.5405.



Cabell Huntington Hospital | St. Mary's Medical Center

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Phillips recalling CPAP and BiPAP machines

Patients are being advised to discontinue use of the Philips Respironics CPAP or BiPAP machines. The company recently issued a recall for the products. A problem has been identified with the machine's foam insulation: It can degrade and release small particulate matters that can be inhaled into the lungs. In the short term, this can cause shortness of breath, bronchospasm, wheezing and other respiratory symptoms. The degradation of the foam can also release volatile compounds like benzene and Toluene. These compounds can be carcinogenic in the long-term. At this time, using a filter may only help with the particulate matter but will NOT remove any volatile compounds. In addition, it is not clear how the filter will behave in the presence of humidification. Until the filters are further tested, they are not being recommended at this time.

Patients who use one of the recalled Respironics machines need to register online at www.philips.com/SRC-update so the machine can be repaired/replaced.

If patients have mild sleep apnea with none of the following comorbidities and are otherwise healthy, the

recommendation at this time is to discontinue use of the machine. Patients should try to sleep on their side and keep the head of the bed elevated.

Patients who have the following conditions are considered high-risk and will likely need to continue to use the machine:

- Chronic obstructive lung disease (COPD)
- Hypoventilation syndrome
- Neuromuscular disorders such as ALS
- Prior or current history of atrial fibrillation
- History of cardiac arrest
- History of congestive heart failure
- History of stroke
- High risk occupation operators like commercial drivers and pilots
- Very severe excessive daytime sleepiness prior to starting therapy and relieved on the CPAP
- Very severe sleep apnea with significant drop in oxygen levels

Patients are being advised to consult with their primary care provider for more information.